



The Leadership Academy presents

# PERSPECTIVES ON LEADERSHIP FOR WOMEN

#### Program purpose

Great leaders are purported to have achieved the perfect alignment of purpose, passion and savvy. Yet, in our complex, fast-paced environments, maintaining that achievement is a challenge for even the most capable and ambitious executive. Promotions, dynamics, politics, leadership style differences, and even our own mindsets are just some of the things that can throw us out of alignment. This program is designed to help female leaders align who they are and how they lead – maximising their impact.

## Designed for you

Gain perspectives in a female-only environment. Our programs are about leadership. Our women's program brings together diverse groups of women to explore contemporary leadership concepts. Participants often remark on the power of being able to talk about specific challenges in a neutral and supportive environment while gaining perspectives from across companies and industries. The impact is the ability to return to their own workplaces with increased confidence, and support.

### Program elements

This program is designed with leading edge research on leadership, brought to you in practical, applicable ways, and includes:

### PERSONALISED EXECUTIVE COACHING

Meet our male and female executive coaches and select the one with the style and speciality best matching your needs.

#### PRESENCE AND COMMUNICATION

Maximise your impact by understanding and leveraging the different ways in which men and women lead and communicate.

#### **RESILIENCE**

Keep yourself physically and emotionally strong in order to navigate the sometimes turbulent waters of leadership. Use lessons from neuroscience to understand and overcome your reactions to threats, stress, and unconscious behaviour.

#### **CHANGE AND COMPLEXITY**

Understand the complexity of group dynamics, and what gets in the way between intent and action.

#### FINDING MENTORS AND SPONSORS

Practical advice on how to build successful networks that build your career.

"Organisations that are fit for the 21st century are creating inclusive and participative workplaces and communities. They're building the quality of trust that is the crucial denominator for success.

They're making the most of precious and limited resources – that is, the talent we find in ourselves and the finite resources of our physical environment."

#### Narelle Hooper

New Women, New Men, New Economy

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#### The program journey

Perspectives on Leadership for Women is a two day program with a break between workshops for you to reflect, apply and work with your executive coach.

#### **PREWORK**

Reading and self-assessment.

#### **WORKSHOP 1: LEADING SELF**

Mastering your story; getting on the balcony; building networks; showing your strengths.

#### BREAK

First executive coaching session.

#### **WORKSHOP 2: LEADING OTHERS**

Navigating change; leading teams; building resilience; asking for help.

#### **CLOSE**

Second executive coaching session.

"Thank you for what was an incredible course. The content, information and message for me has been truly thought provoking and challenging and it is already impacting how I lead."

#### Pamela Seeley

Manager, Business Improvement, Cuscal Limited

#### Program benefits

#### **EXPERIENCE FRESH APPROACHES**

Our programs expose you to more than the 'same old stuff'. Our coaches keep a watchful eye on contemporary, evidence-based approaches and bring these fresh ideas to you.

#### LEARN MORE WITH COACHING

We know that executive coaching is essential to successful learning and change. In fact, numerous studies have shown that learning increases by up to 70% when participants are given a chance to step back, reflect, and apply their learnings with the support of an executive / coach.

#### SELECT YOUR OWN COACH

We believe that the coach-coachee relationship is key to your success. That's why we let you select your own executive coach from our pool of talented male and female executive coaches – allowing you to work on what is most important for you to learn and apply right now.

#### **BUILD YOUR NETWORK**

Participants have the opportunity to build a diverse network of relationships with other participants.

# GAIN PERSPECTIVE IN A FEMALE-ONLY ENVIRONMENT

Benefit from the power of being able to talk about specific challenges in a neutral and supportive environment while gaining perspectives from participants across companies and industries.

## Program dates 2023

	BRISBANE	SYDNEY
Workshop 1	13th October	20th October
Workshop 2	17th November	24th November
Location	TBC: Brisbane CBD	TBC: Sydney CBD

#### **PROGRAM COST**

\$2,750 + GST per participant. Includes two workshops, two executive coaching sessions, all materials, morning tea, afternoon tea and lunch both days.

#### **HOW TO REGISTER**

Each program is limited to 16 places, so register early to secure your place – smgrp.com.au/contact-us

**REGISTER YOUR INTEREST HERE** 

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## About the Leadership Academy

The Leadership Academy by Stephenson Mansell Group (SMG) began in 2016. SMG is one of Australia's most established executive development firms. We have coached, mentored and facilitated programs for thousands of participants who, in turn, have returned to their organisations to lead in new ways. The Leadership Academy allows us to bring these programs to public forums.

At SMC, we believe that by developing leadership strength in our clients, we enable leaders to create a ripple effect of positive change for their teams, clients, business and community. Our commitment is to provide high quality services supported by evidence from organisational and behavioural sciences in order to ensure that our impact goes beyond programmatic approaches and actually creates sustained results.

# Additional Leadership Academy programs coming soon

This in-demand program will run with a maximum of 12 participants, so book now to secure your place.

#### ADVANCED LEADER AS COACH

Workshops and coaching supervision sessions for practitioners and leaders looking to take their existing coaching practice to the next level.

#### THE ORGANISATIONAL LEADER

Strategies for executive level leaders to master the conversations that communicate strategy and build the relationships that get that strategy executed.



Viriginia Mansell Program sponsor

"I am excited to bring Perspectives on Leadership for Women to you as part of our public offerings from our Leadership Academy. Since 1998, Stephenson Mansell has been working closely with Australia's top organisations and individual executives to help them develop in ways that sustain positive change. Our new Leadership Academy allows us to stretch our impact by creating executive development and networking for you and your peers across organisations and industries.

Our program, Perspectives on Leadership for Women, has been inspired by conversations with thousands of clients, coupled with my personal belief that Australia's female leaders will continue to thrive when we periodically take time from our busy schedules to refresh, recharge and reflect to remind us all why we do the important work we do."